

# LIP BUMPER



moshiri orthodontics  
*for a smile that lasts*



**The lip bumper is a removable appliance, used in developing children, to create and hold space for erupting crowded teeth. The appliance is used in the attempt to avoid the extraction of adult teeth at a later age.**

- The lip bumper works by both using and eliminating some of the natural forces of the soft tissues within the mouth. Pressure from the lower lip pushes against the front acrylic shield pushes back on the lower molars gently, creating space for erupting teeth in front. By keeping pressure away from the lower teeth at the same time, the tongue pressure gradually moves the front teeth forward to “unravel” crowding. The appliance is usually worn 12 to 18 months, although this will vary according to the severity of crowding and each child’s rate of growth.

Appliance wear:

- The lip bumper should be worn 24 hours a day, except for brushing and flossing
- Brush at least 3 times a day, two minutes at a time, paying special attention to the lower bands, and around the gum line.
- Use your proxy brush specifically in the front area when brushing
- Do not eat anything hard, sticky, or chewy
- Use wax as needed

If the bands around your teeth feels loose, or if you have any questions, please call us at  
**(314) 4-BRACES**